

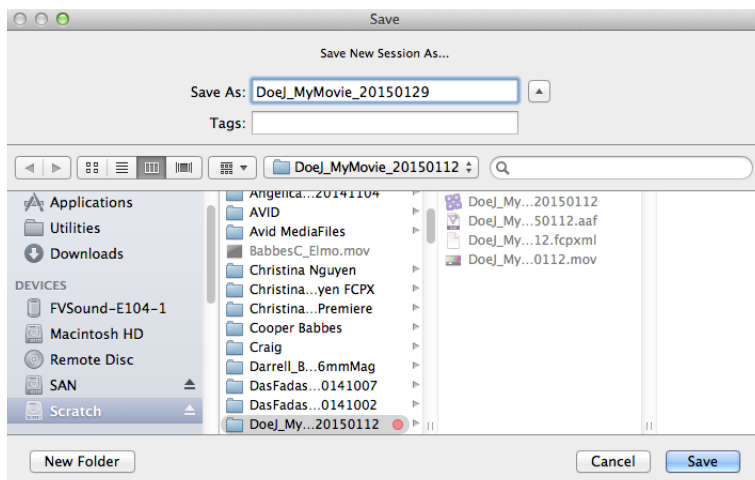
After you have created an AAF file and exported a silent video file, it's time to move everything into ProTools so you can hone in on your sound design.

Importing AAF File into Pro Tools 11

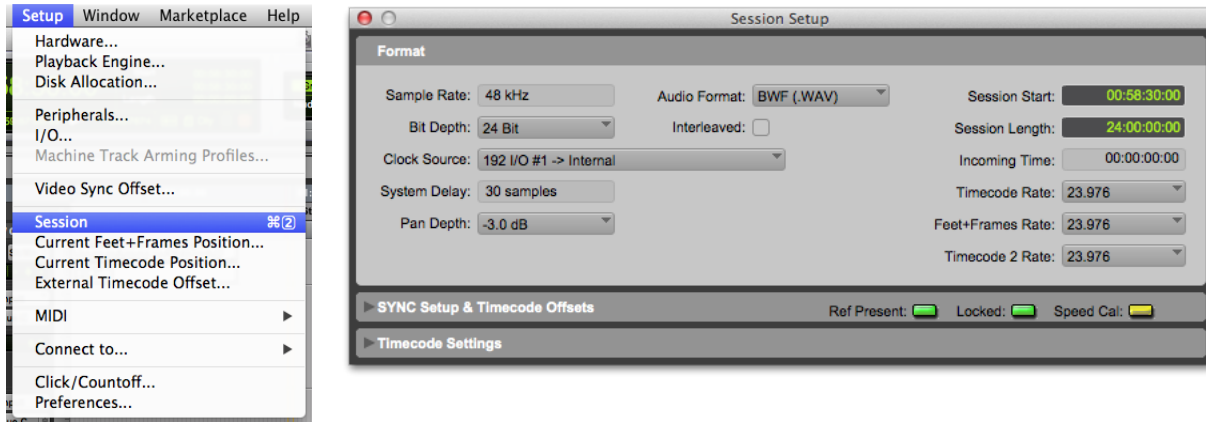
1. Launch Pro Tools 11. Select **Create Session from Template**. Choose a **FV Edit template** with your matching fps. Ensure that Audio File Type is set to **BWF (.WAV)**, Sample Rate is set to **48kHz**, and Bit Depth is set to **24 Bit**. Make sure Interleaved remains unchecked. Click **OK**.



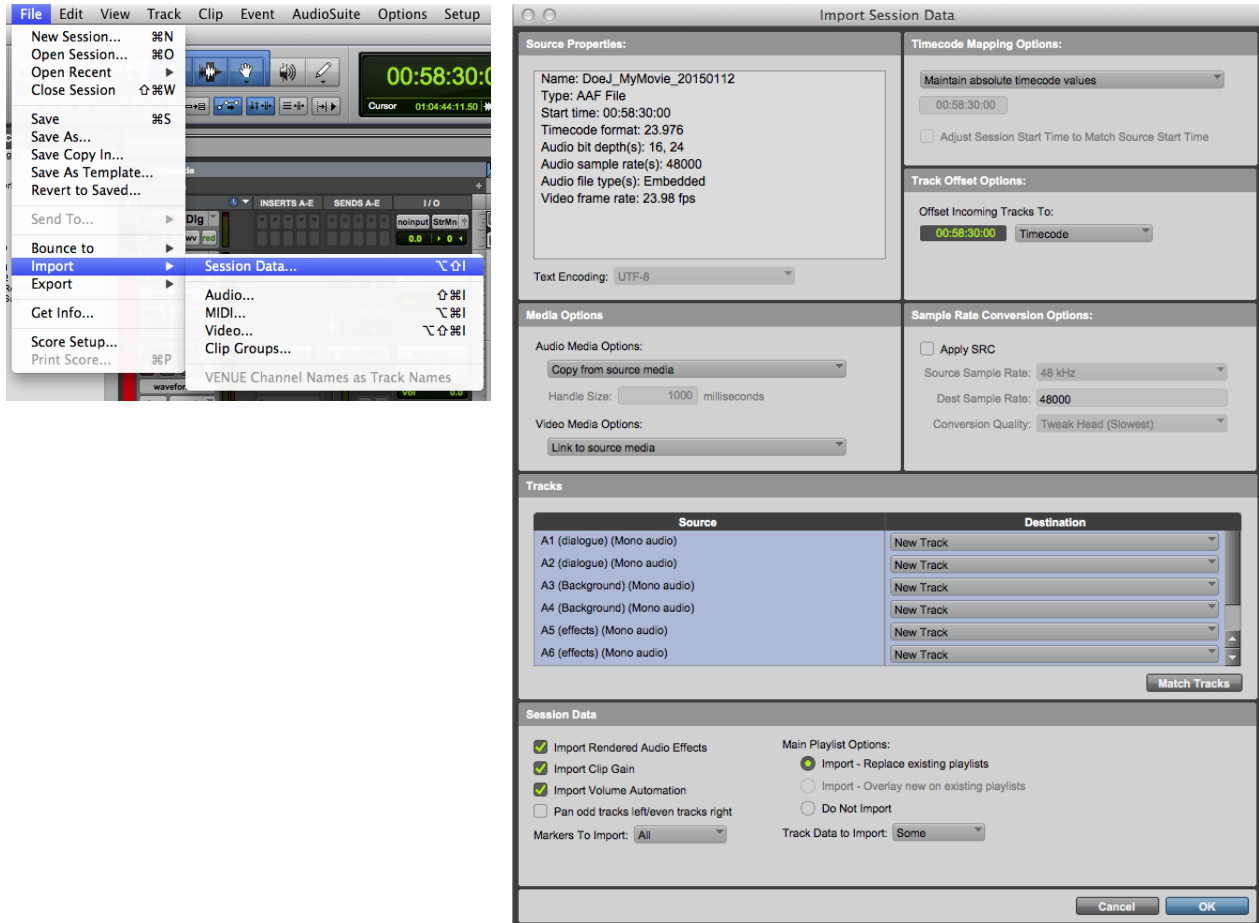
2. A Save window will open. Select a destination and name your ProTools Session. Remember: ProTools will create a folder for all necessary project materials. You do not need to make an additional folder for your session. Click **Save**.



- Go to **Setup > Session** and check that the Session Start reads **00:58:30:00** and the Timecode Rate matches your fps. Then close the Session Setup window by clicking the red circle in the top left corner.



- Go to **File > Import > Session Data**. Select the AAF file X2Pro Audio Convert generated and click **Open**. The Import Session Data window will open. Review Sources Properties. Then Set Timecode Mapping Option to **Maintain absolute timecode values**, and Set Audio Media Options to **Copy from source media**. Then check **Import Rendered Audio Effects, Import Clip Gain, and Import Volume Automation**. Click **OK**.

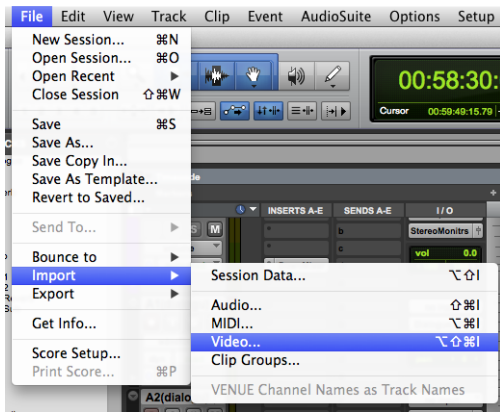


- A Session Notes window may open indicating that some effect were ignored. Not to worry, near as I can tell this is not actually the case. Do not save a detailed report. Click **No**.
- Your Protools Session will now open.

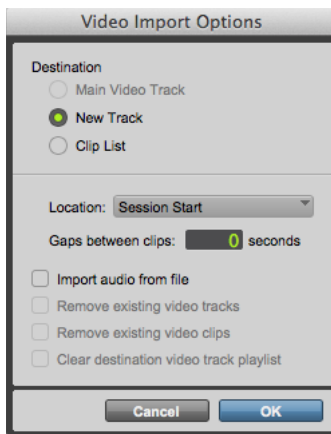
Importing Video into Pro Tools 11

- Locate the video reference file that Final Cut X generated. **Copy** it into the Video Files folder in your Pro Tools session folder.

2. Go to **File > Import > Video** and select the video reference file that you just copied into the Video Files folder in your Pro Tools session folder.



3. The Video Import Option Window will open. Ensure that **New Track** is checked, and that Location is set to **Session Start**. Click **OK**.



4. Your video will appear in the Pro Tools Session Timeline. To ensure sync: zoom into **00:59:58:00**. If the if the 2 frame and the sync pop align you're in business. Have fun with sound!

